

Women's Expo 2008

Name _____

Address _____

Home Telephone _____

E-mail _____

Indicate choice for each session:

Session I _____

Session II _____

Payment Method:

\$30 Early Registration

\$35 Postmarked after April 16

Check (Make check payable to: Women's Expo)

Visa MasterCard Discover

\$ _____

Account # _____

Security Code _____

Exp. Date _____

Signature _____

Please mail check and/or registration form to:

Spartanburg Regional

c/o Women's Expo

101 East Wood Street

Spartanburg SC, 29303

Women's
Expo

Health, Humor and Hormones

Non-profit
Organization
US Postage
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Permit No. 204
Spartanburg, SC
29303



Spartanburg Regional

101 East Wood Street
Spartanburg, SC 29303

Women's
Expo
Health, Humor and Hormones

Sponsored by:
Magnolia Center
for Plastic Surgery

Supported by:
CVS Pharmacy -
Diabetes Care Center of Spartanburg
Lab Corp
Piedmont Women's Healthcare
Spartanburg Plastic & Reconstructive Surgery
Spartanburg Vein Care & Laser Center



Women's
Expo
Health, Humor and Hormones



Saturday, April 26, 2008
Spartanburg Marriott at Renaissance Park

12 Years of Women's Expo

It's the 12th year of Women's Expo, and we want you to be there! Women are invited to bring their friends, daughters and mothers for a fun day of education, food, shopping and more!

Peggy Collins, national speaker and author of *Help is Not a Four Letter Word: Why Doing it All is Doing You In*, will speak to us about how we can move from extremely hectic behavior to an organized and balanced lifestyle. Customize your day with educational subjects that interest you. Specialty vendors will have items for sale so you can shop between sessions.

Program Schedule

8:00 - 8:45 a.m.

- > Registration/Vendor Exhibits/ Continental Breakfast

9:00 - 10:00 a.m.

- > Opening Session/Keynote Address: Peggy Collins
Help Is Not a Four-Letter Word: Why Doing It All Is Doing You In

10:00 - 10:45 a.m.

- > Session I

11:00 - 11:45 a.m.

- > Session II

12:00 - 1:00 p.m.

- > Lunch/Closing Address
The Keys I Found on the Way to My Life

Breakout Sessions

(select one from each session)

Session I

State of the Art Aesthetic Plastic Surgery: Improving Your Appearance with Natural Looking Results

- > Michael J. Orseck, M.D.,
Magnolia Center for Plastic Surgery

Protect Yourself From Predators: Personal Safety Starts with You

- > Sgt. David Lawson,
Spartanburg County Sheriff's Office

Robotic Hysterectomy: What Every Woman Needs to Know

- > Hoang Giep, M.D.,
Spartanburg and Pelham OB-GYN

Investing 101: Making the Most of Your Money

- > Susan Harris, *Merrill Lynch*

Session II

Sleep Well to Feel Well: Tips for Women

- > Shari Angel Newman, *Manager of Spartanburg Regional Sleep Services*

Truth, Lies and the Internet: How to Protect Yourself from Identity Theft and Other Dangers

- > Charity Gencarelli, BS, MA,
Spartanburg County Sheriff's Office

Laser Vaginal Rejuvenation: What People are Saying About the Latest Cosmetic Gynecology Procedure

- > Susan Marik, M.D., *LVRI of the Carolinas*

Another Headache? Learn the Latest Advances for Treating Migraines

Sessions I & II

Maximize your Wardrobe: Identify Key Pieces to Personalize Your Style

- > Diane Allison & Jennifer Wenick,
A Boutique

Registration

To register for Women's Expo, complete the information on reverse side. Early registration fee is \$30 if received by April 16. After April 16, the registration fee is \$35. The registration fee includes breakfast, program and lunch. Registration fee is non-refundable.

Please mail check and/or registration form to:

Spartanburg Regional
c/o Women's Expo
101 East Wood Street
Spartanburg SC, 29303

For questions or additional information, call **864-560-2286** or visit regionalwomenshealth.com.

Space is limited, so please register early. A certificate of attendance will be awarded to all attendees.

